Freska
CATERING



Corporate Catering 2026

How to place your order

The quickest & easiest way to order catering is online through our website, where you will find our full menu offering. Please visit **www.freska.gi/corporate**

Or use this order form
Email to: **manager@freska.gi**

Fully cooked
Order up to 48 HOURS BEFORE WE DELIVER



Should you have any special requests or queries, you can contact our catering team, we can also bespoke orders if urgent office delivery is required:

Email: **manager@freska.gi**
Telephone: **225 01333**

Please note: Some products contain allergens. If you require further information please contact a member of our catering team.

Breakfast Pastry Platter £20

(15 units) Qty

Selection of Croissants, Muffins & Doughnuts

Breakfast Sandwich Platter £40*

(40 units) choose 3 per platter Qty / Select

- Avocado, Feta & Chilli
- Tomato & Vegan Cheese
- Bacon & Egg
- Sausage & Tomato
- Vegan Sausage
- Bacon, Lettuce & Tomato
- Smoked Salmon & Cream Cheese
- Hummus, Spinach & Tomato

Sliced Fruit Salad Platter £25

(30 units) Qty

This gorgeous selection of seasonal fruit will add a touch of colour to any morning, whatever the weather.

Granola Pots £4.00 each*

Qty

- Banana & Honey
- Peach
- Berries

HOT Baps £5.00 each* (Extra £1)

Qty

- Bacon Bap
- Sausage Bap
- Vegetarian Sausage Bap
- Hashbrown Bap
- Fried Egg Bap

Baguettes £6.00

Qty

- African Chicken
- Chicken Gaucha
- Torta Patata With Alioli
- Breaded Chicken & Coleslaw
- Salmon & Cream Cheese
- Grilled Chicken
- Pulled Pork
- Marinated Pork Loin

Vegetarian Vegan Gluten free *Gluten free option available, £5 extra charge

Cold Canapés Platter £40

(30 units) choose 2 items per platter

	Qty / Select
	☐
○ Spinach Pie	☐
● Traditional Torta Patata	☐
● Spinach Torta Patata	☐
● Chorizo Torta Patata	☐
○ Cheese Ball Bites	☐
Crispy Chicken & Mushroom Vol Au Vent	☐
Crab Vol Au Vent	☐
○ Tomato & Mozzarella Vol Au Vent	☐
Tuna & Egg Mayo Vol Au Vent	☐
Stuffed Egg With Tuna, Crab & Cocktail Sauce	☐
Smoked Salmon & Cream Cheese Vol Au Vent	☐
Crostini With Mashed Tomato & Serrano Ham	☐
Crostini With Roast Beef & Cream Peppers Sauce	☐
● Crostini With Hummus & Peppers	☐
● Crostini With Hummus & Pomegranate Seeds	☐
Smoked Salmon, Brie & Pesto Tartlets	☐
○ Goats Cheese & Pumpkin Tartlets	☐



○ Vegetarian ● Vegan ● Gluten free *Gluten free option available, £5 extra charge

Hot Canapés Platter £45

(30 Units) choose 2 items per platter

	Qty
	Select
Mini Beef Burgers	
● Mini Vegan Burgers	
Roast Pork & Gravy Sauce	
○ Goats Cheese & Caramelised Onion	
Pigs In Blankets	
Mini Serrano Ham Croquettes	
Mini Chicken Croquettes	
○ Mini Spinach Croquettes	
Filo Wrapped Prawn & Sweet Chilli Sauce	
Dates Wrapped in Bacon	
○ Mozzarella Stick & BBQ Sauce	
○ Vegetarian Samosas	
○ Jalapeño Poppers	
Chicken Satay Skewers	
Chicken Goujons	
Chicken Nuggets	
Fish Goujons	
Mini Cocktail Sausages	
Chicken Gaucha Skewers	
Chicken African Skewers	



○ Vegetarian ● Vegan ● Gluten free *Gluten free option available, £5 extra charge

Sandwich & Wrap Platter £40

(40 units) choose 3 per platter

Select Sandwich	Qty	Qty Wrap
Tuna Sensation		
Chicken Caesar		
Ham & Coleslaw		
Tandoori Chicken		
Breaded Fried Chicken, Salad & Mayo		
Chicken Fajita		
African Chicken		
○ Torta Patata & Alioli Sauce		
Duck		
● Falafel		
○ Vegetables & Mozzarella		
○ Tomato, Onion & Cheese		
Tuna Hawaiian		
Ham & Cheese		
Serrano Ham & Cheese		
Coronation Chicken		
Chicken, Bacon & Mayo		
Salmon, Cream Cheese & Cucumber		
Prawn, Lettuce, Cucumber & Salsa Rosa		
Paté & Red Currant		
Roast Pork & Green Pepper Sauce		
● Roast Vegetables & Pesto		
○ Egg, Mayo & Chive		
○ Roasted Peppers & Cream Cheese		
● Tomato & Onion		
Roast Pork & Apple Sauce		
Salmon & Cream Cheese		
● BBQ Mushroom & Rocket		
● Hummus, Spinach & Tomato		
● Vegan Cheese, Fig Jam & Rocket		
● Grilled Aubergine, Roasted Peppers & Pesto		
● Smoked Aubergine, Red Onion, Avocado & Spinach		
Breaded Fried Chicken, Salad & Mayonnaise		

○ Vegetarian ● Vegan ● Gluten free *Gluten free option available, £5 extra charge

Canapé Salad Platter £30

(20 units) individual mini salad cups choose 2 per platter

- Crab Salad ☐
- ○ ● Vegetable Russian Salad ☐
- ● Tuna Russian Salad ☐
- ● Pomegranate & Quinoa With Balsamic Vinegar ☐
- ○ ● Alioli & Potato ☐
- ○ ● Alioli Prawn Salad ☐
- ● Tuna Rice ☐
- ● Falafel Salad ☐
- ● Sweet Potato, Feta, Onion & Pomegranate ☐

Salad Platter **Homemade with the finest ingredients.**

Large £20 (serves 4) Small £7 (serves 1)

	Lg	Ind
● Green Salad	☐	☐
● Mexican 3 Beans & Tomato Chilli Sauce	☐	☐
Classic Nicoise	☐	☐
Moroccan Couscous & Chickpeas	☐	☐
○ Italian Potato & Dried Tomato	☐	☐
Chicken Caesar	☐	☐
Grilled Chicken	☐	☐
Chicken, Rice, Broccoli & Mexican Sauce	☐	☐
○ Goats Cheese	☐	☐
Honey Prawn Salad	☐	☐
● Falafel Salad	☐	☐
○ Quinoa, Feta Cheese, Pomegranate Seeds & Balsamic Vinegar	☐	☐

Quiche Platter £25 (30 units)

	Qty
Goats Cheese, Spinach & Caramel Onion	☐
Red peppers & Parmesan Cheese	☐
○ Spinach & Mushroom	☐
○ Brie & Broccoli	☐
○ Veggies Quiche	☐
Pumpkin & Cheese Quiche	☐
Classic Lorraine	☐

○ Vegetarian ● Vegan ● Gluten free *Gluten free option available, £5 extra charge

Other Popular Platter Items

Qty

- Mini Chicken Croquettes (20 Units) £20 ☐
- ○ Mini Spinach Croquettes (20 Units) £20 ☐
- Mini Serrano Ham Croquettes (20 Units) £20 ☐
- Beef Empanada (12 Units) £30 ☐
- Chicken Empanada (12 Units) £30 ☐
- ● Hummus & Vegetable Sticks (2 Bowls) £25 ☐
- ● Falafel Platter (12/15 Units) £25 ☐

Spanish Platter (serves 5) £75

Dates wrapped in bacon, duck & caramelized onion canapé, mini croquettes (ham, spinach, chicken), torta patata, olives, goats cheese & caramelized onion crostini, crab canapé, marinated prawn skewer.

Charcuterie Platter (serves 4) £75

Selection of cured meats, selection of cheeses, fruit skewers, olives, nuts, paté, crackers.

- ● **Falafel Platter £16** ☐
- ○ **Cheese Selection & Breadstick Platter £30** ☐
- **Serrano Ham Platter £30** ☐

Bite Size Torta Patata Platter

(20 units)

- ○ ● **Traditional (20 units) £15** ☐
- ○ ● **Spinach (20 units) £18** ☐
- ○ ● **Peppers (20 units) £18** ☐
- ○ ● **Courgette (20 units) £18** ☐



○ Vegetarian ● Vegan ● Gluten free *Gluten free option available, £5 extra charge



Treats

Our tasty treats are great with tea/coffee. Or are a delightful finishing touch to a lunch meeting.

Qty

Treats Platter £23

(20 Units)

A selection of individually portioned mini cakes. ☐

Whole Treat £80 each

(Serves 20) Qty

- Carrot Cake ☐
- Chocolate Cake ☐
- Oreo Cheesecake ☐
- Baileys Cheesecake ☐

Disposable cutlery & plates available on request, priced at 10p each.

○ Vegetarian ● Vegan ● Gluten free *Gluten free option available, £5 extra charge

Drinks

Tea & coffee dispensers (Serves 10)

Sugar, milk, stirrers & disposable cups included.

	Qty
Freshly ground Delta coffee £20	☐
Freshly Brewed Tea £20	☐

Bottles water (sparkling / still)

	Spk	Still
Large £3	☐	☐
Small £1.50	☐	☐

Soft Drinks Cans £2.20

	Qty
Coke	☐
Diet Coke	☐
Coke Zero	☐
Fanta Orange	☐
Fanta Lemon	☐
Aquarius Blue	☐
Aquarius Orange	☐
Sprite	☐
Glass Apple Juice	☐
Glass Orange Juice	☐
Glass Peach Juice	☐
Glass Pineapple Juice	☐

Freshly squeezed

	Qty
400 ml Orange £5	☐
400 ml Apple Juice £5	☐
400 ml Energizer Smoothie £5	☐
400 ml Carrot, Ginger, Lemon & Apple £5	☐
400 ml Banana & Berries Smoothie £5	☐
400 ml Banana, Berries & Milk £5	☐

○ Vegetarian ● Vegan ● Gluten free *Gluten free option available, £5 extra charge

Corporate Meal Plans



Freshly prepared, meals delivered daily to your office

- **Ready to reheat and eat**
- **Mid-morning delivery daily**
- **Monthly menu of Freska favourites**
- **Orders of 5-100 meals catered for**
- **Daily, weekly, monthly plans**

View sample menu & price plans

www.freska.gi/mealplan/

reduced prices available for large orders

Contact us to discuss your office requirements

SAMPLE MENU	Meat £7.50	Fish £7.50	Vegetarian £7.50
Monday	Milanese Chicken with Wedges & Peas	Fish Paella	Vegetarian Paella
Tuesday	Beef Stew & Bread Roll	Seafood Risotto	Steamed Broccoli & Tofu.
Wednesday	Chicken Paella	Prawn Noodles	Stuffed Mushroom & New Potatoes
Thursday	Pasta Bolognese	Russian Salad	Moroccan Style Vegetables Couscous
Friday	Beef Burrito	Prawn Fried Rice	Mushroom Pil Pil Pasta

○ Vegetarian ● Vegan ● Gluten free *Gluten free option available, £5 extra charge

Collection or delivery

Select

Collection

Delivery

Location

WTC Free Delivery, any other location £10

Date & time of your event

Date:

Time you require your catering:

Your details

Name:

Title:

Organisation:

Email:

Phone number:

Mobile:

Any other relevant information

T: 225 01333

www.freska.gi/corporate