

# Freska

GROUP &  
CORPORATE  
CATERING

## HOW TO PLACE YOUR ORDER

THE QUICKEST & EASIEST WAY TO  
ORDER CATERING IS THROUGH OUR  
WEBSITE [WWW.FRESKA.GI](http://WWW.FRESKA.GI)

THERE YOU WILL FIND OUR FULL MENU  
OFFERING.

SHOULD YOU HAVE ANY SPECIAL  
REQUEST OR QUERIES, YOU CAN  
CONTACT US, WE CAN ALSO BESPOKE  
ORDERS

**EMAIL : [MANAGER@FRESKA.GI](mailto:MANAGER@FRESKA.GI)**

**TELEPHONE : +350 225 01333**



**OPEN DAILY**

**MON - FRI  
8 AM - 6 PM**

**SATURDAY  
9 - 3**



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## **BREAKFAST PACKAGE**

PREPARING FOR A LARGE MEETING? OUR BREAKFAST PACKAGE IS THE PERFECT SOLUTION FOR YOUR MORNING MEETINGS & IS GUARANTEED TO KEEP HUNGER AT BAY.

**ALL SERVED INDIVIDUALLY PORTIONED IN DISPOSABLE CONTAINERS (EXTRA £30 PAYABLE IF CATERING EQUIPMENT IS REQUIRED)**

### **FULL ENGLISH BREAKFAST**

**£9 PP | MIN 10**

CRISPY BACON, EGGS, SAUSAGES, MUSHROOMS, TOMATO, BEANS, HASHBROWN, BREAD ROLLS BUTTER & PRESERVES.

### **CONTINENTAL BREAKFAST**

**£9 PP | MIN 10**

SELECTION OF SLICED COLD MEAT & CHEESE, GRANOLA, PATE, ASSORTMENT OF BREADS

### **VEGETARIAN BREAKFAST**

**£9 PP | MIN 10**

SCRAMBLED EGGS, VEGETARIAN SAUSAGES, MUSHROOMS, TOMATOES, BEANS, HASHBROWN, CHEESE PLATTER AND SELECTION OF BREAD

### **DANISH PLATTER**

**£8 PP | MIN 6**

SELECTION OF DELICIOUS MINI PASTRIES, MUFFINS & DOUGHNUTS

### **SLICED FRUIT PLATTER**

**£7 PP | MIN 10**

THIS GORGEOUS SELECTION OF OUR FINEST, SEASONAL SLICED FRUITS SERVED WITH SINGLE CREAM



## **CLASSIC MIXED SANDWICH & WRAP PLATTERS** (16 UNIT PER PLATTER)

GIVE YOURSELF AND YOUR COLLEAGUES A SELECTION DILEMMA WITH OUR CLASSICS.  
OTHER SIZES/CUSTOMS ORDERS AVAILABLE

### **WRAPS**

TUNA SENSATION  
CHICKEN CAESAR  
HAM & COLESLAW  
VEGETABLES & MOZZARELLA (V)  
TOMATO, ONION & CHEESE (V)

### **SANDWICHES**

THINLY SLICED ROASTED PORK WITH GREEN PEPPER  
ROASTED VEGETABLE WITH PESTO (V)  
EGG & CHIVE (V)  
TUNA HAWAIIAN  
HAM AND CHEESE  
CORONATION CHICKEN

### **PACKAGES**

#### **PREMIUM**

**CHOOSE 4 WRAPS PLATTERS & 4 SANDWICHES PLATTERS**  
**£90**

#### **GOLD**

**CHOOSE 3 WRAPS PLATTERS & 3 SANDWICHES PLATTERS**  
**£70**

#### **SILVER**

**CHOOSE 3 WRAPS PLATTERS & 2 SANDWICHES PLATTERS**  
**£60**

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## LUXURY SANDWICH & WRAP SELECTION

FOR AN EXTRA TOUCH OF CLASS AT THAT IMPORTANT LUNCH MEETING : YOU'LL ENJOY OUR SIGNATURE MIX PLATTERS.  
OTHER SIZES/CUSTOMS ORDERS AVAILABLE

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## WRAPS

TANDORI  
DUCK  
TUNA SENSATION  
CHICKEN FAJITA  
FALAFEL (V)  
TOMATO MOZZARELLA AND FRESH BASIL (V)

## SANDWICHES

CHICKEN, BACON & MAYONNAISE  
SALMON & CUCUMBER  
PRAWN, LETTUCE & CUCUMBER SALSA ROSSA  
PATE & RED CURRANT  
THINLY SLICED ROASTED PORK WITH GREEN PEPPER  
ROASTED VEGETABLE WITH PESTO (V)  
EGG & CHIVE (V)  
ROASTED PEPPER & CREAM CHEESE (V)  
TOMATO & ONION (V)

## PACKAGES

### PREMIUM

CHOOSE 4 WRAPS PLATTER & 3  
SANDWICHES PLATTERS  
£120

### GOLD

CHOOSE 3 WRAPS PLATTERS & 3  
SANDWICHES PLATTERS  
£100

### SILVER

CHOOSE 3 WRAPS PLATTERS & 2  
SANDWICHES PLATTERS  
£70





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## **SALAD PLATTERS**

**HOMEMADE WITH THE FINEST  
INGREDIENTS, PREPARED FRESH.**  
OTHER SIZES/CUSTOMS ORDERS  
AVAILABLE

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### **CLASSIC PLATTERS £14 PER PLATTER <SERVES 4>**

**GREEN SALAD  
MEXICAN THREE BEAN SALAD LIGHT TOMATO CHILLI SAUCE  
CLASSIC TUNA NIÇOISE  
MOROCCAN COUSCOUS SALAD CHICKPEA DRESSING (V)  
ITALIAN POTATO SALAD WITH PESTO AND SUNDRIED TOMATOES  
(V)**

### **LUXURY PLATTERS £17 PER PLATTER <SERVES 4>**

**DUCK SALAD  
CHICKEN CAESAR SALAD  
CHARGRILLED CHICKEN SALAD  
CHICKEN NOODLE SALAD  
GOAT CHEESE SALAD  
HONEY PRAWN SALAD  
FALAFEL SALAD (V)  
TOFU SALAD (V)**

**BESPOKE SALADS AVAILABLE ON  
REQUEST, PLEASE CONTACT OUR  
TEAM**



## LUNCH PACKAGES

PREPARING FOR A LARGE MEETING? TAKE HASSLE OUT OF ORDERING WITH A SELECTION OF MOST POPULAR LUNCH ITEMS.

### SMALL PACKAGE

**£95 | SERVES 10**

INCLUDED :

CLASSIC SANDWICH & WRAP SELECTION (GOLD),

1 CLASSIC SALAD PLATTER,  
CRISPS (X10),

BISCUITS,

ORANGE JUICE ( X 5),

STILL WATER BOTTLES (X5)

### BIG PACKAGE

**£175 | SERVES 20**

INCLUDED :

2 X CLASSIC SANDWICH & WRAP SELECTION (PREMIUM),

2 LUXURY SALAD PLATTER,  
CRISPS (X20),

BISCUITS,

FRESH ORANGE JUICE (X 10),

STILL WATER BOTTLES (X10)

**TEA & COFFEE DISPENSERS £16**

**SERVES 10**

SUGAR, MILK, STIRRERS AND CUPS INCLUDED



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## LUNCH ADD ONS

HOMEMADE TO OUR OWN RECIPES,  
DELICIOUSLY WARMING.WHY NOT ADD A  
SANDWICH PLATTER?

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## QUICHE

**£19 | SERVES 8**

GOATS CHEESE  
CLASSIC QUICHE LORRAINE (V)  
LEEK (V)

**ALL SERVED INDIVIDUALLY  
PORTIONED IN DISPOSABLE  
CONTAINERS  
(EXTRA £30 PAYABLE IF CATERING  
EQUIPMENT IS REQUIRED)**

## HOME MADE SOUPS

**£5 | SERVES 1 | MIN 6**

CARROT & CORIANDER  
CREAMY PUMPKIN  
SEASONAL VEGETABLES  
CAULIFLOWER & CHEESE  
CREAMY PARSNIP  
TOMATO & BASIL  
PICCADILLY  
GAZPACHO  
COCONUT, CORIANDER, PRAWN & RED PEPPER



## MAINS

WHOLESOME & FRESH MAIN MEALS EACH  
SERVED WITH 1 SIDE DISH

## MAIN DISHES

**£70 | SERVES 8**

BEEF BOURGUIGNON  
BEEF STROGANOFF  
THAI CHICKEN CURRY  
CHICKEN CURRY  
PEPPERED CHICKEN  
CHICKEN PARMESAN  
CHICKEN NOODLES  
CHICKEN IN MUSHROOM WHITE WINE SAUCE  
SHERRY CHICKEN  
CHICKEN, SPINACH, PESTO & PARMESAN PASTA  
SPAGHETTI CARBONARA  
SPAGHETTI BOLOGNESE  
LASAGNA  
PASTA ROSTO  
ALFREDO PASTA  
SPAGHETTI PIL PIL  
FISH PAELLA  
ALBONDIGAS  
CARNE IN SALSA  
DUCK NOODLES  
COTTAGE PIE  
PEPPERED PORK  
HUEVOS A LA FLAMENCA (V)  
VEGAN CURRY  
LASAGNA (V)  
TOFU PAD THAI (VEGAN)  
WINTER SQUASH LENTIL STEW (VEGAN)

## SIDE DISHES

**SERVES 8**

NEW POTATOES  
MASHED POTATOES  
SAUTEED POTATOES  
SEASONAL VEGETABLES  
EGG NOODLES  
EGG FRIED RICE  
GARLIC BREAD  
BREAD ROLLS  
TORTA PATATA  
MIXED SALAD

**EXTRA SIDES AVAILABLE AT £20 A TRAY**

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## TREATS

OUR TASTY TREATS ARE GREAT WITH  
TEA/COFFEE, OR A DELIGHTFUL FINISHING  
TOUCH TO A LUNCH MEETING.

### TREAT PLATTER

£14 | SERVES 10

A SELECTIONS OF INDIVIDUALLY PORTIONED CAKES

### GOURMET BISCUIT PLATTER

£20 | SERVES 10

SELECTION OF INDIVIDUALLY WRAPPED BISCUITS

### HOMEMADE WHOLE CAKE

£40 | SERVES 12

GF CRROT CAKE  
GF CHOCOLATE CAKE  
WHITE CHOCOLATE & RASBERRY CHEESECAKE  
OREO CHEESE CAKE  
BANOFFIE PIE  
BAILEYS CHEESE CAKE

## SNACKS

£19 | SERVES 15

MCCOYS CRISP BASKET  
CHOCOLATES BAR SELECTION BASKET

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## DRINKS

DISPOSABLE CUPS & BAG OF ICE AVAILABLE  
ON REQUEST, PRICED AT 20P EACH

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## TEA & COFFEE

TEA & COFFEE DISPENSERS <SERVES 10 >  
SUGAR, MILK, STIRRERS & DISPOSABLE CUPS INCLUDED  
FRESHLY GROUND DELTA COFFEE £16  
FRESHLY BREWED TEA £15

## FRESH PRESSED JUICES & SMOOTHIES

250 ML ORANGE £3.50  
250ML APPLE JUICE £3.50  
250ML BANANA MIXED BERRY & COCONUT SMOOTHIE £4  
250ML MANGO PINEAPPLE PASSIONFRUIT & COCONUT SMOOTHIE £4  
250ML APPLE, CARROT, LEMON, GINGER JUICE £4  
250ML GREEN JUICE £4

## SOFT DRINKS

BOTTLES WATER < STILL/SPARKLING >  
LARGE £3  
SMALL £1.50  
SOFT DRINK £1.50  
COKE, SPRITE, FANTA, ICE TEA, MONSTER, DIET COKE

## ALCOHOL

COLD BEER £3  
BOTTLE OF PROSECCO £20  
BOTTLE OF RED, WHITE OR ROSE WINE £10  
BOTTLE OF GIN WITH ICE, TONIC & CUCUMBER £70



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## BREAKFAST

MONDAY - FRIDAY

ORDER BEFORE 11AM FOR NEXT DAY DELIVERY FROM 8AM

## LUNCH

MONDAY - SATURDAY

<48HRS NOTICE REQUIRED>

## **DELIVERY INFORMATION**

ALL DELIVERIES ARRIVE IN THERMO BOXES TO MAINTAIN QUALITY,  
TEMPERATURE AND ADHERE TO ALL UK HEALTH AND SAFETY STANDARDS

MINIMUM ORDER £40

FREE DELIVERY ON ORDERS OVER £100

DELIVERY £5





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## HAVING A PARTY?

TAKE THE HASSLE OUT OF PLANNING AND LET US DO THE COOKING

LEAVE THE ORGANISING TO US SO THAT YOU CAN ENJOY THE CELEBRATION  
ALONG WITH YOUR GUESTS!

SEE ONLINE (**[WWW.FRESKA.GI](http://WWW.FRESKA.GI)**) FOR OUR FULL RANGE OF DELICIOUS  
HOMEMADE FOOD OR SPEAK TO OUR CATERING TEAM TODAY TO START  
PLANNING YOUR HASSLE-FREE EVENT

FULLY COOKED - ORDER UP TO 48 HOURS BEFORE - WE DELIVER

SOME PRODUCE MAY CONTAIN ALLERGENS. IF YOU REQUIRE FURTHER INFORMATION PLEASE CONTACT A  
MEMBER OF OUR TEAM.

