

# Freska

A large platter of Freska catering food, including sliders, empanadas, and appetizers, with the brand name 'Freska' overlaid in large white text. The food is arranged on a white tablecloth with decorative white paper doilies. The sliders are on buns with various fillings, and the empanadas are golden-brown and filled. Some items are topped with a red pepper slice and a wooden skewer. In the background, there are more food items and small circular labels with the Freska logo and names like 'Snicker' and 'ach'.

**Corporate  
Catering**

A decorative blue patterned border at the bottom of the page, featuring a repeating geometric design of stylized leaves or petals in a darker blue shade against a lighter blue background.

# How to place your order

The quickest & easiest way to order catering is online through our website, where you will find our full menu offering. Please visit [www.freska.gi/corporate](http://www.freska.gi/corporate)

Or use this interactive order form

Email to: [manager@freska.gi](mailto:manager@freska.gi)

Fully cooked

Order up to 48 HOURS BEFORE  
WE DELIVER



Should you have any special requests or queries, you can contact our catering team, we can also bespoke orders if urgent office delivery is required:

Email: [manager@freska.gi](mailto:manager@freska.gi)

Telephone: **225 01333**

Please note: Some products contain allergens. If you require further information please contact a member of our catering team.

## Breakfast Package

Preparing for a large meeting? Our breakfast package is the perfect solution for your morning meetings & is guaranteed to keep hunger at bay.

All served in disposable containers (Extra £30 payable if catering equipment is required).

### Breakfast Pastry Platter £20 Qty

Selection of delicious mini pastries, muffins & doughnuts.

Qty

### Breakfast Sandwich Platter £25\*

(40 units, choose 3 flavours)

Select

Avocado, feta & chilli

Tomato & vegan cheese

Bacon & egg

Sausage & tomatoes

Bacon, lettuce & tomato

Smoked salmon & cream cheese

Tomato lettuce & tofu

Hummus, spinach & tomato

### Sliced Fruit Skewers Platter £20 Qty

(30 units)

This gorgeous selection of seasonal fruits will add a bit of colour to any morning, whatever the weather.

### Granola Pots £3 each\* Qty

Banana & honey

Peach

Berries

### HOT Baps £3.50 each\* Qty

Bacon bap

Sausage bap

Vegetarian sausage bap

Hashbrown & fried egg bap

Sausage & cheddar cheese bap

Vegetarian  Vegan  Gluten free

\*Gluten free option available, £5 extra charge



## Cold Canapés £25

(30 units) Choose 3 flavours per platter

Qty

- Tomato & mozzarella  
Tuna & egg mayo  
Smoked salmon & cream cheese
- Hummus & red peppers  
Anchovies paté
- Tomato jam & cream cheese

## Hot Canapés £25

(30 Units) Choose 3 flavours per platter

Qty

- Mini croquettes (Chicken, spinach & chorizo)
- Spanish omelette (Traditional, spinach & chorizo)  
Prawns wrapped in pastry  
Mini beef burger  
Roast pork with gravy sauce
- Goats cheese & caramelised onion
- Torta patata



Vegetarian  Vegan  Gluten free

\*Gluten free option available, £5 extra charge

## Classic Mixed Sandwich/Wrap\*

### Platters £25

Qty Qty

(40 units) Choose 3 flavours per platter Sandwich Wrap

Tuna sensation

Chicken Caesar

Ham & coleslaw

Tandoori

Duck

Chicken fajita

- Falafel
- Tomato mozzarella and fresh basil
- Vegetables & mozzarella
- Tomato, onion & cheese

## Sandwich / Wrap Platter £25\*

Qty Qty

(40 Units) Choose 3 flavours per platter Sandwich Wrap

Tuna Hawaiian

Ham and cheese

Coronation chicken

Chicken, bacon & mayonnaise

Salmon & cucumber

Prawn, lettuce & cucumber salsa rossa

Pate & red currant

Thinly sliced roast pork with green pepper

- Roasted vegetable with pesto
- Egg & chive
- Roasted pepper & cream cheese
- Tomato & onion

Orders need to be placed by 3pm the day prior.

All our food is made to order.

Some catering requires 48 hours prep time.

Vegetarian  Vegan  Gluten free

\*Gluten free option available, £5 extra charge

## Salad Platter

Homemade with the finest ingredients.

Large £20 (serves 4)

Small £15 (serves 3)

Individually packaged £5

Lg Sm Ind

- Green salad
- Mexican three bean salad light tomato chilli sauce
- Classic niçoise
- Moroccan couscous salad chickpea dressing
- Italian potato salad with pesto and sundried tomatoes
- Duck salad
- Chicken Caesar salad
- Chargrilled chicken salad
- Chicken noodle salad
- Goats cheese salad
- Honey prawn salad
- Falafel salad
- Tofu salad

Bespoke salads available on request, please contact our team.

## Quiche Platter

Qty

- Goats cheese, spinach & caramelized onion £17
- Classic quiche Lorraine £15
- Red pepper and parmesan quiche £15
- Spinach & mushroom quiche £17
- Brie & broccoli quiche £15



- Vegetarian
- Vegan
- Gluten free

\*Gluten free option available, £5 extra charge



## Lunch package

Preparing for a large meeting? Take the hassle out of ordering with a selection of our most popular lunch items.

### Lunch Package (Serves 10) £100

2 sandwich platters & 2 wrap platters, 1 salad platter, crisps (x10), still water bottles (x10)

Choose your sandwich & wraps platters here:

	Qty	Qty
(40 Units) Choose 3 flavours per platter	Sandwich	Wrap

Tuna Hawaiian

Ham and cheese

Coronation chicken

Chicken, bacon & mayonnaise

Salmon & cucumber

Prawn, lettuce & cucumber salsa rossa

Pate & red currant

Thinly sliced roast pork with green pepper

- Roasted vegetable with pesto
- Egg & chive
- Roasted pepper & cream cheese
- Tomato & onion

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## Other Popular Platter Items

Qty

- (12 units) Chicken croquettes £20
- (12 units) Spinach croquettes £20
- (12 units) Chorizo croquettes £20
- (12 units) Empanadas beef £20
- (12 units) Empanadas chicken £20



### Spanish Platter (serve 4) £75

Dates wrapped in bacon, duck & caramelized onion canape, mini croquettes (ham, spinach, chicken), torta patata, olives, goats cheese & caramelized onion crostini, crab canape, marinated prawn skewer.



### Charcuterie Platter (serve 4) £75

Selection of cured meats, selection of cheeses, fruit skewers, olives, nuts, paté, crackers.

- Falafel Platter £16
- Cheese Selection & Breadstick Platter £30
- Serrano Ham Platter £30

## Bite Size Torta Patata Platter

- Bite Size Traditional £12.50
- Bite Size Spinach £13
- Bite Size Chorizo £13

○ Vegetarian ● Vegan ● Gluten free

\*Gluten free option available, £5 extra charge



## Drinks

Tea & Coffee dispensers (Serves 10)

Sugar, milk, stirrers & disposable cups included. Qty

**Freshly ground Delta coffee £16**

**Freshly Brewed Tea £15**

Bottles water (sparkling / still) Spk Still

**Large £3**

**Small £1.50**

**Soft Drinks Cans £1.90** Qty

Coke

Diet coke

Tango orange

Aquarius blue

Aquarius orange

Sprite

Cold beer £3

Bottle of prosecco £20

**Bottle of wine £10**

Red

White

Rosé

Ask our catering team about other beverages we can provide Juices, Smoothies & Shakes.

**Freshly squeezed** Qty

250 ml Orange £3 each

250ml Apple juice £3 each

250ml Banana berry £3 each

**Banana, mixed berry, coconut milk**

250ml Mango Magic smoothie £3 each

**Mango, Pineapple, passion fruit, coconut milk**

250ml Energiser £3 each

**Carrot, lemon, ginger & apple**

○ Vegetarian ● Vegan ● Gluten free

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## Wholesome & Fresh £70 (serves 8)

Choose 1 main meal with 1 side.

Individually packaged or buffet style.

Fresh from our kitchens, handmade by our expert team of chefs.

### Choose 1 Main

Qty

Beef Bourguignon

Beef Stroganoff

Thai chicken curry

Chicken curry

Peppered chicken

Chicken parmesan

Chicken noodles

Chicken in mushroom, white wine sauce

Sherry chicken

Chicken, spinach, pesto & parmesan pasta

Spaghetti carbonara

Spaghetti bolognese

Lasagna

Pasta rosso

Alfredo pasta

Spaghetti pil pil

Fish paella

Albondigas

Carne in salsa

Duck noodles

Cottage pie

Peppered pork

Huevos a La Flamenca

- Pumpkin & vegetable curry
- Butternut squash, spinach and Mascarpone lasagne
- Vegetable pesto pasta

Vegetarian  Vegan  Gluten free

\*Gluten free option available, £5 extra charge

## Choose 1 Side

Select

New potatoes

Mashed potatoes

Sauteed potatoes

Seasonal vegetables

Egg noodles

Egg fried rice

Garlic bread

Bread rolls

Torta patata

Mixed salad

Extra sides available at £15 a tray (Serves 8).

## Treats

Our tasty treats are great with tea/coffee, or a delightful finishing touch to a lunch meeting.

Qty

### Treats platter £17 (20 Units)

A selection of individually portioned mini cakes.

### Gourmet Biscuit Platter £18

(20 units) Selection of Individually wrapped biscuits.

### Whole cakes £60

(Serves 12)

Qty

Disposable cutlery & plates available on request, priced at 10p each.

- Gluten Free Carrot Cake
  - Oreo Cheesecake
  - Baileys Cheesecake
- Gluten Free Chocolate Cake

○ Vegetarian ● Vegan ● Gluten free

\*Gluten free option available, £5 extra charge

## Collection or delivery

Select

Collection

Delivery

Location

**WTC Free Delivery, any other location £10**

## Date & time of your event

Date:

Time you require your catering:

## Your details

Name:

Title:

Organisation:

Email:

Phone number:

Mobile:

Any other relevant information



# Having a party?

TAKE THE HASSLE OUT OF PLANNING  
AND LET US DO THE COOKING

Leave the organising to us so that you can enjoy the celebration along with your guests!

See online for our full range of delicious homemade food or speak to our catering team today to start planning your hassle-free event.

Fully cooked

Order up to 48 HOURS BEFORE  
WE DELIVER

Some produce may contain allergen. If you require further information please contact a member of our catering team.

Free delivery to WTC offices.  
£10 delivery to other locations.

[www.freska.gi/corporate](http://www.freska.gi/corporate)