

Freska



**Corporate
Catering 2023**



How to place your order

The quickest & easiest way to order catering is online through our website, where you will find our full menu offering. Please visit www.freska.gi/corporate

Or use this interactive order form

Email to: manager@freska.gi

Fully cooked

Order up to 48 HOURS BEFORE
WE DELIVER



Should you have any special requests or queries, you can contact our catering team, we can also bespoke orders if urgent office delivery is required:

Email: manager@freska.gi

Telephone: **225 01333**

Please note: Some products contain allergens. If you require further information please contact a member of our catering team.

Breakfast Package

Preparing for a large meeting? Our breakfast package is the perfect solution for your morning meetings & is guaranteed to keep hunger at bay.

All served in disposable containers (Extra £30 payable if catering equipment is required).

○ Breakfast Pastry Platter £20

(20 units)

Qty

Selection of delicious mini pastries, muffins & doughnuts.

Qty

Breakfast Sandwich Platter £27*

(40 units) choose 3 per platter

Select

○ Avocado, feta & chilli

● Tomato & vegan cheese

● Bacon & egg

Sausage & tomatoes

Bacon, lettuce & tomato

Smoked salmon & cream cheese

● Tomato lettuce & tofu

● Hummus, spinach & tomato

●● Sliced Fruit Skewers Platter £20

Qty

(30 units)

This gorgeous selection of seasonal fruits will add a bit of colour to any morning, whatever the weather.

Granola Pots £3.25 each*

Qty

●○ Banana & honey

●● Peach

●● Berries

HOT Baps £3.75 each*

Qty

Bacon bap

Sausage bap

○ Vegetarian sausage bap

○ Hashbrown & fried egg bap

Sausage & cheddar cheese bap

○ Vegetarian ● Vegan ● Gluten free

*Gluten free option available, £5 extra charge

Cold Canapés £30

(30 units) Choose 3 per platter

Qty

Select

- Spinach Pie
- Torta Patata - Traditional
- Torta Patata - Spinach
- Torta Patata - Chorizo
- Cheese Ball Bites
 - Crispy Chicken & Mushroom Vol-au-vent
 - Crab Vol-au-vent
- Tomato & Mozzarella Vol-au-vent
 - Tuna & Egg Mayo Vol-au-vent
 - Smoked Salmon & Cream Cheese Vol -au-vent
 - Crostini with Serrano Ham
 - Crostini with Roast Beef & Red Pepper
 - Crostini with Anchovies Paté
- Crostini, hummus & red peppers
 - Coconut Thai-Green Prawn Tartlets
 - Smoked Salmon, Brie and Pesto Tartlets
- Goats Cheese & Pumpkin Tartlets



○ Vegetarian ● Vegan ● Gluten free

*Gluten free option available, £5 extra charge

Hot Canapes Platter £30

(30 Units) Choose 2 per platter

Qty

Select

Mini beef burger

Roast pork with gravy sauce

☐ Goats cheese & caramelised onion

Pigs in blankets

Crispy coconut prawn

Mini seafood croquettes

Mini serrano ham croquettes

Mini chicken croquettes

☐ Mini spinach croquettes

Mini chorizo croquettes

Filo wrapped prawns with sweet chilli dip

Tempura prawns

Breaded crab claws

Dates wrapped in bacon

Mini beef burger

☒ Mini vegan burger

Mini duck bon bon with plum sauce dip

Mini asian chicken cigars

Mini beef wellingtons

☐ Mozzarella sticks with BBQ sauce

☐ Mini nut roast

Aromatic chicken satay with crispy onion & chilli

Pulled pork, cheese puffs with smoky BBQ sauce



☐ Vegetarian ☒ Vegan ☐ Gluten free

*Gluten free option available, £5 extra charge

Sandwich & Wrap Platter £27 Qty Qty

(40 units) Choose 3 per platter

Select Select
Sandwich Wrap

Tuna sensation

Chicken caesar

Ham & coleslaw

Tandoori

Duck

Chicken fajita

● Falafel

○ Vegetables & mozzarella

○ Tomato, onion & cheese

Tuna Hawaiian

Ham and cheese

Coronation chicken

Chicken, bacon & mayonnaise

Salmon & cucumber

Prawn, lettuce & cucumber salsa rossa

Pate & red currant

Thinly sliced roast pork with green pepper

● Roasted vegetable with pesto

○ Egg & chive

○ Roasted pepper & cream cheese

● Tomato & onion

Roast pork & apple

Salmon & cream cheese

● BBQ mushroom & rocket

● Tomato lettuce & tofu

● Hummus, spinach & tomato

● Vegan cheese, fig jam & rocket

● Grilled aubergine, roasted red reppers & pesto

● Smoked aubergine wrap, red onion, avocado, spinach

○ Vegetarian ● Vegan ● Gluten free

*Gluten free option available, £5 extra charge

Salad Platter

Homemade with the finest ingredients.

Large £20 (**serves 4**)

Individually packaged £6 (**serves 1**)

Lg Ind

- Green salad
- Mexican three bean salad light tomato chilli sauce
- Classic niçoise
- Moroccan couscous salad chickpea dressing
- Italian potato salad with pesto and sundried tomatoes
- Duck salad
- Chicken Caesar salad
- Chargrilled chicken salad
- Chicken noodle salad
- Goats cheese salad
- Honey prawn salad
- Falafel salad
- Tofu salad

**Bespoke salads available on request,
please contact our team.**

Quiche Platter

(30 units)

Qty

- Goats cheese, spinach & caramelized onion £18
- Classic quiche Lorraine £16
- Red pepper and parmesan quiche £18
- Spinach & mushroom quiche £18
- Brie & broccoli quiche £18

Orders need to be placed by 10am the day prior.

All our food is made to order.

Some catering requires 48 hours prep time.

○ Vegetarian ● Vegan ● Gluten free

*Gluten free option available, £5 extra charge

Other Popular Platter Items

Qty

(12 units) Chicken croquettes £20

○ (12 units) Spinach croquettes £20

(12 units) Chorizo croquettes £20

(12 units) Empanadas beef £20

(12 units) Empanadas chicken £20

Spanish Platter (serve 4) £75

Dates wrapped in bacon, duck & caramelized onion canape, mini croquettes (ham, spinach, chicken), torta patata, olives, goats cheese & caramelized onion crostini, crab canape, marinated prawn skewer.



Charcuterie Platter (serves 4) £75

Selection of cured meats, selection of cheeses, fruit skewers, olives, nuts, paté, crackers.

● **Falafel Platter £16**

○ **Cheese Selection & Breadstick Platter £30**

Serrano Ham Platter £30

Bite Size Torta Patata Platter

(20 units)

● **Bite Size Traditional £13.50**

● **Bite Size Spinach £14**

● **Bite Size Chorizo £14**

○ Vegetarian ● Vegan ● Gluten free

*Gluten free option available, £5 extra charge

Drinks

Tea & coffee dispensers (Serves 10)

Sugar, milk, stirrers & disposable cups included. Qty

Freshly ground Delta coffee £16

Freshly Brewed Tea £15

Bottles water (sparkling / still)

Spk Still

Large £3

Small £1.50

Soft Drinks Cans £1.90

Qty

Coke

Diet coke

Tango orange

Aquarius blue

Aquarius orange

Sprite

Cold beer £3

Bottle of prosecco £20

Bottle of wine £10

Red

White

Rosé

Ask our catering team about other beverages we can provide Juices, Smoothies & Shakes.

Freshly squeezed

Qty

250 ml Orange £3 each

250ml Apple juice £3 each

250ml Banana berry smoothie £4 each

Banana, mixed berries, coconut milk

250ml Mango magic smoothie £4 each

Mango, Pineapple, passion fruit, coconut milk

250ml Energiser smoothie £4 each

Carrot, lemon, ginger & apple

○ Vegetarian ● Vegan ● Gluten free

*Gluten free option available, £5 extra charge

Wholesome & Fresh £80 (serves 8) Qty

Choose 1 main meal with 1 side.

Individually packaged or buffet style.

Fresh from our kitchens, handmade by our expert team of chefs.

Choose 1 Main

Select

Beef Bourguignon

Beef Stroganoff

Thai chicken curry

Chicken curry

Peppered chicken

Chicken parmesan

Chicken noodles

Chicken in mushroom, white wine sauce

Sherry chicken

Chicken, spinach, pesto & parmesan pasta

Spaghetti carbonara

Spaghetti bolognese

Lasagna

Pasta rosso

Alfredo pasta

Spaghetti pil pil

Fish paella

Albondigas

Carne in salsa

Duck noodles

Cottage pie

Peppered pork

Huevos a La Flamenca

● Pumpkin & vegetable curry

○ Butternut squash, spinach and Mascarpone lasagne

○ Vegetable pesto pasta

○ Vegetarian ● Vegan ● Gluten free

*Gluten free option available, £5 extra charge

Choose 1 Side

Select

New potatoes

Mashed potatoes

Sauteed potatoes

Seasonal vegetables

Egg noodles

Egg fried rice

Garlic bread

Bread rolls

Torta patata

Mixed salad

Extra sides available at £15 a tray (Serves 8).

Treats

Our tasty treats are great with tea/coffee, or are a delightful finishing touch to a lunch meeting.

Qty

Treats platter £20 (20 Units)

A selection of individually portioned mini cakes.

Gourmet Biscuit Platter £20

(20 units) Selection of Individually wrapped biscuits.

Whole cakes £60

(Serves 20)

Qty

● Gluten Free Carrot Cake

Oreo Cheesecake

Baileys Cheesecake

● Gluten Free Chocolate Cake

Disposable cutlery & plates available on request, priced at 10p each.

○ Vegetarian ● Vegan ● Gluten free

*Gluten free option available, £5 extra charge

Collection or delivery

Select

Collection

Delivery

Location

WTC Free Delivery, any other location £10

Date & time of your event

Date:

Time you require your catering:

Your details

Name:

Title:

Organisation:

Email:

Phone number:

Mobile:

Any other relevant information



Having a party?

TAKE THE HASSLE OUT OF PLANNING
AND LET US DO THE COOKING

Leave the organising to us so that you can enjoy the celebration along with your guests!

See online for our full range of delicious homemade food or speak to our catering team today to start planning your hassle-free event.

Fully cooked

Order up to 48 HOURS BEFORE
WE DELIVER

Some produce may contain allergen. If you require further information please contact a member of our catering team.

Free delivery to WTC offices.
£10 delivery to other locations.

T: 225 01333
www.freska.gi/corporate

