

Freska

BREAKFAST

Telephone: +350 2250 1113

Email: e1@freska.gi

WELCOME



Breakfasts

Full English Breakfast ●●●●●● £8.95

2 slices of bacon, 2 pork sausage, 2 fried eggs, mushrooms, grilled tomato, 1 hash brown, baked beans & toast

Veggie Breakfast Special ●●●●●● £9.50

2 vegan sausages, 2 poached eggs, grilled tomato, 1 hash brown, mushrooms, spinach, beans & toast

Vegan Breakfast Special ●●●● £9.50

2 vegan sausages, grilled tomato, 1 hash brown, mushrooms, spinach, avocado, beans & toast

Baps

Bacon Bap ● £4.00

Sausage Bap ●● £4.00

Vegan Sausage Bap ●● £5.00

Extra fillings £1

cheese, mushrooms, tomatoes, fried onion, fried egg

Egg Muffin

Eggs Benedict ●●●● £7.50

Soft poached eggs, bacon, hollandaise sauce, served on a muffin

Veggie Eggs Florentine ●●● £7.50

Soft poached eggs, spinach, hollandaise sauce, served on a muffin

Eggs Royale ●●●● £8.50

Soft poached eggs, smoked salmon, hollandaise sauce, served on a muffin

Breakfast Granola Sundae £6.00



Low fat natural yogurt, honey, crunchy granola,

Choose your topping:

Strawberries, banana or fruit compote

Freshly Made Omelette £7.00



Add 2 fillings:

Ham, cheese, mushroom, smoked salmon, tomatoes, onions, tuna

Extra fillings £1:

Ham, cheese, mushrooms, tomatoes, onions, tuna

Extra fillings £1.50:

Smoked salmon

FresKa Fit Breakfast Combo



£9.75

Eggs on toast

Poached, scrambled or fried

Plus MINI overnight oats

Choose a topping: Strawberries, banana, honey, chia seed

Fresh orange juice, coffee or tea

- Gluten Free Option Available Bread +75p Pasta + £1
- Gluten ● Crustaceans ● Eggs ● Fish ● Peanuts
- Dairy ● Celery ● Mustard ● Sulphides ● Sesame
- Molluscs ● Soy ● Nuts ● Lupine

Toast / Bread

- Pan Tumaca** ● £3.00
Rustic bread, olive oil, tomato
- Pan Catalana** ● ● £4.00
Rustic bread, serrano ham, garlic, olive oil, tomato
- Chunky Peanut Butter** ● ● ● ● £7.50
Bananas, chia seeds and topped with honey drizzled on toasted mollete.
- Freska Toast** ● ● ● £7.50
Mollete topped mashed avocado, 2 poached eggs, feta cheese, chilli flakes & bacon bits
- Freshly Baked Croissant** ● ● £3.25
Served with jam & butter
- Filled Croissant** ● ● £4.95
Freshly baked croissant with ham & cheese
- Rustic Toast** ● £3.00
Served with preserves
- Eggs on Toast** ● ● £3.95

Traditional Breakfast Pancakes



- With maple syrup & bacon..... £4.75
With summer fruit compote &
vanilla ice cream..... £4.75
With banana & cream..... £4.75
With strawberries & cream £4.75
With nutella & cream..... £4.75
With strawberries & nutella £4.75

Extra toppings £1.00

Maple syrup • Bacon • Summer fruit compote • Banana •
Strawberries • Nutella

Extra Cream £0.50

Add a sauce?

Chocolate, caramel, strawberries, white chocolate 50p

WAFFLES



- With maple syrup & bacon..... £4.75
With summer fruit compote &
vanilla ice cream..... £4.75
With banana & cream..... £4.75
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Strawberries • Nutella

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- Gluten Free Option Available Bread +75p Pasta + £1
● Gluten ● Crustaceans ● Eggs ● Fish ● Peanuts
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DRINKS

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Hot Drinks

Espresso	£1.95	Cortado.....	£2.10
Americano	£2.20	Cappuccino.....	£2.40
White coffee	£2.20	Colacao.....	£2.50
Flat white	£2.20	Mocha.....	£3.00
Latte.....	£2.40	Extras	£0.80

Extras: Shot of coffee, whipped cream, marshmallow
Syrups: vanilla, almond, caramel, mint, cinnamon.

Hot Specials - £4.00

Cherry & vanilla latte, coconut & almond latte, salted
caramel mocha

Frappes - £4.00

Add your favourite syrup: 80p
vanilla, chocolate, mint, caramel, salted caramel, almond
Add: Baileys 80p

Teas & infusion

Cup £2.00 - Pot £2.50

Breakfast tea, green tea, earl grey, peppermint,
camomile, matcha, lemon & ginger

Cold Specials - £5.50

Protein Shake

Banana, peanut butter, cocoa powder, honey & soya milk

Energy Boost

Carrot, ginger, orange juice, lemon juice

Green smoothie

Spinach, pineapple, banana, mango purée

All our products are available with full fat, skinny,
lactose free, soya, almond, oat milk, coconut milky

Avocado & Banana Smoothie

Avocado, banana, honey, milk

Mango & Passion Fruit Milkshake

Mango & passion fruit purée, vanilla ice-cream, milk

Banana Milkshake

Banana, vanilla extract, Greek yoghurt, milk & honey,
served with whipped cream and maraschino cherry

Strawberry Milkshake

Strawberries, ice cream, milk, whipped toping

Chocolate Milkshake

Chocolate ice cream, milk, whipped cream toping

All our products are available with full fat, skinny,
lactose free, soya, almond, oat milk, coconut milk

Soft Drinks

Cans (330ml)	£2.50
Coke, Coke zero, Fanta Orange, Fanta Lemon, Sprite, Aquarius Lemon, Aquarius Orange, Schweppes Tonic, Nestea FeverTree.....	£3.50
Tonic, tonic light, Raspberry-Rhubarb	

JUICES..... £2.50

Orange, pineapple, peach, apple, tomato

Fresh Orange Juice

£4.00

Water


Solan de cobra 33cl - Still..... £1.90

Solan de cobra 33cl - Sparkling..... £1.90

THANK YOU



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