

# Freska



**Corporate  
Catering 2024**

# How to place your order

The quickest & easiest way to order catering is online through our website, where you will find our full menu offering. Please visit [www.freska.gi/corporate](http://www.freska.gi/corporate)

Or use this order form

Email to: [manager@freska.gi](mailto:manager@freska.gi)

Fully cooked

Order up to 48 HOURS BEFORE  
WE DELIVER



Should you have any special requests or queries, you can contact our catering team, we can also bespoke orders if urgent office delivery is required:

Email: [manager@freska.gi](mailto:manager@freska.gi)

Telephone: **225 01333**

Please note: Some products contain allergens. If you require further information please contact a member of our catering team.

## Breakfast Package

Preparing for a large meeting? Our breakfast package is the perfect solution for your morning meetings & is guaranteed to keep hunger at bay.

All served in disposable containers (Extra £30 payable if catering equipment is required).

### ○ Breakfast Pastry Platter £20

(20 units) serves 4

Selection of delicious mini pastries, muffins & doughnuts.

Qty

Qty

### Breakfast Sandwich Platter £30\*

(40 units) choose 3 per platter, serves 5/6

Select

○ Avocado, Feta & Chilli

● Tomato & Vegan Cheese

Bacon & Egg

Sausage & Tomato

● Vegetarian Sausage

Bacon, Lettuce & Tomato

Smoked Salmon & Cream Cheese

● Hummus, Spinach & Tomato

### ●● Sliced Fruit Skewers Platter £25

Qty

(30 units) serves 5/6

This gorgeous selection of seasonal fruit will add a touch of colour to any morning, whatever the weather.

### Granola Pots £3.50 each\*

Qty

Banana & Honey

○ Peach

○ Berries

### HOT Baps £3.75 each\*

Qty

Bacon Bap

Sausage Bap

○ Vegetarian Sausage Bap

○ Hashbrown & Fried Egg Bap

Sausage & Cheese Bap

○ Vegetarian ● Vegan ●● Gluten free

\*Gluten free option available, £5 extra charge

## Cold Canapés Platter £33

(30 units) choose 2 items per platter, serves 5

Qty

Select

○ Spinach Pie

● Traditional Torta Patata

● Spinach Torta Patata

● Chorizo Torta Patata

○ Cheese Ball Bites

Crispy Chicken & Mushroom Vol Au Vent

Crab Vol Au Vent

○ Tomato & Mozzarella Vol Au Vent

Tuna & Egg Mayo Vol Au Vent

Smoked Salmon & Cream Cheese Vol Au Vent

Crostini With Mashed Tomato & Serrano Ham

Crostini With Roast Beef & Cream Peppers Sauce

● Crostini With Hummus & Peppers

● Crostini With Hummus & Pomegranate Seeds

Coconut Thai-Green Prawn Tartlets

Smoked Salmon, Brie & Pesto Tartlets

Goats Cheese & Pumpkin Tartlets



○ Vegetarian ● Vegan ● Gluten free

\*Gluten free option available, £5 extra charge

## Hot Canapés Platter £36

(30 Units) choose 2 items per platter, serves 5

Qty

Select

Mini Beef Burgers

● Mini Vegan Burgers

Roast Pork & Gravy Sauce

○ Goats Cheese & Caramelised Onion

Pigs In Blankets

Crispy Coconut Prawn

Mini Serrano Ham Croquettes

Mini Chicken Croquettes

○ Mini Spinach Croquettes

Filo Wrapped Prawn & Sweet Chilli Sauce

Tempura Prawns

Breaded Crab Claws

Dates Wrapped in Bacon

○ Mozzarella Stick & BBQ Sauce

○ Vegetarian Samosas

○ Jalapeno Poppers

Mini Beef Wellington

Duck Bon Bon & Hoi Sin Sauce

Chicken Satay Skewers

Mini Asian Cigars & Sweet Chilli

Chicken Goujons

Mini Cocktail Sausages

Asparagus Spears Wrapped With Serrano Ham



○ Vegetarian ● Vegan ● Gluten free

\*Gluten free option available, £5 extra charge

# Sandwich & Wrap Platter £30

(40 units) choose 3 per platter, serves 6

Qty

Qty



Select Select  
Sandwich Wrap

Tuna Sensation



Chicken Caesar



Ham & Coleslaw



Tandoori Chicken



Breaded Fried Chicken, Salad & Mayo



Chicken Fajita



African Chicken



○ Torta Patata & Alioli Sauce



Duck



● Falafel



○ Vegetables & Mozzarella



○ Tomato, Onion & Cheese



Tuna Hawaiian



Ham & Cheese



Serrano Ham & Cheese



Coronation Chicken



Chicken, Bacon & Mayo



Salmon, Cream Cheese & Cucumber



Prawn, Lettuce, Cucumber & Salsa Rosa



Paté & Red Currant



Roast Pork & Green Pepper Sauce



● Roast Vegetables & Pesto



○ Egg, Mayo & Chive



○ Roasted Peppers & Cream Cheese



● Tomato & Onion



Roast Pork & Apple Sauce



Salmon & Cream Cheese



● BBQ Mushroom & Rocket



● Hummus, Spinach & Tomato



● Vegan Cheese, Fig Jam & Rocket



● Grilled Aubergine, Roasted Peppers & Pesto



● Smoked Aubergine, Red Onion, Avocado & Spinach



Breaded Fried Chicken, Salad & Mayonnaise



○ Vegetarian ● Vegan ● Gluten free

\*Gluten free option available, £5 extra charge



## Canapé Salad Platter £25

(20 units) individual mini salad cups

choose 3 per platter

Crab Salad

- ☐ ☐ Vegetable Russian Salad
- ☐ Tuna Russian Salad
- ☐ Pomegranate & Quinoa With Balsamic Vinegar
- ☐ ☐ Alioli & Potato
- Alioli Prawn Salad
- Roast Pork & Vegetable
- ☐ Tuna Rice
- ☐ Falafel Salad


## Salad Platter

Homemade with the finest ingredients.

Large £20 (serves 4)

Individually packaged £6.50 (serves 1)

- ☐ Green Salad
- ☐ Mexican 3 Beans & Tomato Chilli Sauce
- Classic Nicoise
- Moroccan Couscous & Chickpeas
- ☐ Italian Potato & Dried Tomato
- Duck Bon Bon
- Chicken Caesar
- Grilled Chicken
- Chicken, Rice, Broccoli & Mexican Sauce
- ☐ Goats Cheese
- Honey Prawn Salad
- ☐ Falafel Salad
- ☐ Quinoa, Feta Cheese, Pomegranate Seeds & Balsamic Vinegar

Lg	Ind
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>

## Quiche Platter (30 units) serves 5/6

Goats Cheese, Spinach & Caramel Onion £20

Red peppers & Parmesan Cheese £20

- ☐ Spinach & Mushroom £20
- ☐ Brie & Broccoli £20
- ☐ Veggies Quiche £18
- Classic Lorraine £18

Qty
<input type="checkbox"/>
<input type="checkbox"/>
<input type="checkbox"/>
<input type="checkbox"/>
<input type="checkbox"/>
<input type="checkbox"/>

☐ Vegetarian ☐ Vegan ☐ Gluten free

\*Gluten free option available, £5 extra charge

## Other Popular Platter Items

Qty

- Mini Chicken Croquettes (20 Units) £20 ☐
- Mini Spinach Croquettes (20 Units) £20 ☐
- Mini Serrano Ham Croquettes (20 Units) £20 ☐
- Beef Empanada (12 Units) £25 ☐
- Chicken Empanada (12 Units) £25 ☐
- Hummus & Vegetable Sticks (2 Bowls) £25 ☐
- Falafel Platter (15 Units) £25 ☐

### Spanish Platter (serves 5) £75

☐

Dates wrapped in bacon, duck & caramelized onion canapé, mini croquettes (ham, spinach, chicken), torta patata, olives, goats cheese & caramelized onion crostini, crab canapé, marinated prawn skewer.



### Charcuterie Platter (serves 4) £75

Selection of cured meats, selection of cheeses, fruit skewers, olives, nuts, paté, crackers.

- Falafel Platter £16 ☐
- Cheese Selection & Breadstick Platter £30 ☐
- Serrano Ham Platter £30 ☐

## Bite Size Torta Patata Platter

(20 units)

- Traditional (20 units) £14.50 ☐
- Spinach (20 units) £15 ☐
- Peppers (20 units) £15 ☐

● Vegetarian ● Vegan ● Gluten free

\*Gluten free option available, £5 extra charge





## Treats

Our tasty treats are great with tea/coffee. Or are a delightful finishing touch to a lunch meeting.

Qty

### Treats Platter £20 (20 Units)

☐

A selection of individually portioned mini cakes.

### Gourmet Biscuit Platter £21.50 (20 Units)

☐

Selection of Individually wrapped biscuits.

### Whole Cakes £60 each

(Serves 20)

Qty

- Carrot Cake
- Chocolate Cake
- Oreo Cheesecake
- Baileys Cheesecake

☐  
☐  
☐  
☐

Disposable cutlery & plates available on request, priced at 10p each.

○ Vegetarian ● Vegan ● Gluten free

\*Gluten free option available, £5 extra charge

## Drinks

### Tea & coffee dispensers (Serves 10)

Sugar, milk, stirrers & disposable cups included.

Freshly ground Delta coffee £16

Freshly Brewed Tea £15

Qty

  

### Bottles water (sparkling / still)

Large £3

Small £1.50

Spk

Still

## Soft Drinks Cans £1.90

Qty

Coke

Diet Coke

Coke Zero

Fanta Orange

Fanta Lemon

Aquarius Blue

Aquarius Orange

Sprite

Glass Apple Juice

Glass Orange Juice

Glass Peach Juice

Glass Pineapple Juice

### House Bottle of wine £12.50

Qty

Red

White

Rosé

Ask our catering team about other beverages we can provide Juices, Smoothies & Shakes.

## Freshly squeezed

Qty

400 ml Orange £5

400 ml Apple Juice £5

400 ml Energizer Smoothie £5

400 ml Carrot, Ginger, Lemon & Apple £5

400 ml Banana & Berries Smoothie £5

400 ml Banana, Berries & Milk £5

○ Vegetarian ● Vegan ● Gluten free

\*Gluten free option available, £5 extra charge

# New Corporate Meal Plans!

Freshly prepared, meals delivered daily to your office

- Mid-morning delivery daily
- Ready to reheat and eat
- Monthly menu of Freska favourites
- Orders of 5-100 meals catered for
- Daily, weekly, monthly plans

View sample menu  
& price plans

[www.freska.gi/mealplan/](http://www.freska.gi/mealplan/)

reduced prices available for large orders



Contact us to discuss  
your office requirements

SAMPLE MENU	Meat £6.50	Fish £6.50	Vegetarian £6.50
Monday	Milanese Chicken with Wedges & Peas	Fish Paella	Vegetarian Paella
Tuesday	Beef Stew & Bread Roll	Seafood Risotto	Steamed Broccoli & Tofu.
Wednesday	Chicken Paella	Prawn Noodles	Stuffed Mushroom & New Potatoes
Thursday	Pasta Bolognese	Russian Salad	Moroccan Style Vegetables Couscous
Friday	Beef Burrito	Prawn Fried Rice	Mushroom Pil Pil Pasta

○ Vegetarian ● Vegan ● Gluten free

\*Gluten free option available, £5 extra charge

## Collection or delivery

Select

Collection

☐

Delivery

☐

Location

**WTC Free Delivery, any other location £10**

## Date & time of your event

Date:

Time you require your catering:

## Your details

Name:

Title:

Organisation:

Email:

Phone number:

Mobile:

Any other relevant information

**T: 225 01333**

**[www.freska.gi/corporate](http://www.freska.gi/corporate)**

