Freska

Monday to Sunday

Bar and kitchen open 8am - 10pm

BREAKFAST

Telephone: +350 2250 1113 Email: e1@freska.gi B

WELCOME

Breakfasts

Full English Breakfast • • • • • • £	9.95
2 slices of bacon, 2 pork sausage, 2 fried eggs, mushroon	ns,
grilled tomato, 1 hash brown, baked beans & toast	
Veggie Breakfast Special • • • • • • £	9.95

2 vegan sausages, 2 poached eggs, grilled tomato, 1 hash brown, mushrooms, spinach, beans & toast

Vegan Breakfast Special • • • •£9.95

2 vegan sausages, grilled tomato, 1 hash brown, mushrooms, spinach, avocado, beans & toast

Baps

Bacon Bap •£	5.00
Sausage Bap • •£	5.00
Vegan Sausage Bap • •£	5.50

Extra filings £1

cheese, mushrooms, tomatoes, fried onion, fried egg

Egg Muffin

Eggs Benedict	•		•	£	8.00
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Soft poached eggs, bacon, hollandaise sauce, served on a muffin

Eggs Florentine • • •£8.00

Soft poached eggs, spinach, hollandaise sauce, served on a muffin

Eggs Royale • • • •£8.50

Soft poached eggs, smoked salmon, hollandaise sauce, served on a muffin

Breakfast Granola Sundae £6.00

Low fat natural yogurt, honey, crunchy granola

Choose your topping:Strawberries, banana or fruit compote

Freshly Made Omelette £7.25

Add 2 fillings:

Ham, cheese, mushroom, smoked salmon, tomatoes, onions, tuna Extra fillings £1:

Ham, cheese, mushrooms, tomatoes, onions, tuna

Extra fillings £1.50:

Smoked salmon

FresKa Fit Breakfast Combo

£9.95

Eggs on toast

Poached, scrambled or fried

Plus MINI overnight oats

Choose a topping: Strawberries, banana, honey **Choose a drink:** Fresh orange juice, coffee or tea

- Gluten Free Option Available Bread +75p Pasta + £1
- Gluten Crustaceans Eggs Fish Peanuts
- Dairy Celery Mustard Sulphides Sesame
 - MolluscsSoyNutsLupine

Toast / Bread

10d5t/ Blodd
Pan Tumaca ●£3.00
Rustic bread, olive oil, tomato
Pan Catalana • •£4.00
Rustic bread, serrano ham, garlic, olive oil, tomato
Chunky Peanut Butter • • • •£7.50
Bananas, chia seeds, topped with honey drizzled on toasted mollete
Freska Toast • • •£8.00
Mollete topped mashed avocado, 2 poached eggs, feta cheese, chilli flakes & bacon bits
Freshly Baked Croissant • •£3.25
Served with jam & butter or Nutella
Filled Croissant • •£4.75
Freshly baked croissant with ham & cheese
Rustic Toast •£3.00
Served with jam & butter or pate
Eggs on Toast • •£3.95
Fried, scrambled or poached

Churros with Chocolate £5.50

Six crispy churros dusted with sugar, served with hot chocolate

Traditional Breakfast Pancakes

With maple syrup & bacon	£6.50
With summer fruit compote &	
vanilla ice cream	£6.50
With banana & cream	£6.50
With strawberries & cream	£6.50
With nutella & cream	£6.50
With strawberries & nutella	£6.50
Extra toppings £1.00: Maple syrup • bacon • summ	ner fruit
compote • banana • strawberries • Nutella	
Extra Cream £0.50	
Add a sauce £0.50: Chocolate caramel strawber	rries

WAFFLES

WAITLLS	
With maple syrup & bacon	£6.50
vanilla ice cream	£6.50
With banana & cream	£6.50
With strawberries & cream	£6.50
With nutella & cream	£6.50
With strawberries & nutella	£6.50
Add a sauce £0.50: Chocolate, caramel, stra Extra toppings £1.00: Maple syrup • Bacon • st compote • banana • strawberries • Nute Extra Cream £0.50	ummer fruit
Gluten Free Option Available Bread +75pGluten • Crustaceans • Eggs • Fish	

DairyCeleryMustardSulphidesSesameMolluscsSoyNutsLupine

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DRINKS

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Hot Drinks

Espresso	.£1.95
Cortado	£2.10
Americano	£2.20
Cappuccino	£2.40
White coffee	£2.20
Colacao	£2.50
Flat white	£2.20
Mocha	£3.00
Latte	£2.40

Extras £0.80

Extras: Shot of coffee, whipped cream, marshmallow **Syrups:** vanilla, almond, caramel, mint, cinnamon, chocolate, peanut butter, Biscoff

Hot Specials - £4.00

Matcha Latte, Chai Latte, Cherry & Vanilla Latte, Coconut & Almond Latte, Salted Caramel Mocha, Maple Spiced Latte, Peppermint mocha, Orange Spritz Latte

Liqueur Coffees

Irish Coffee Irish Whisky	£7.00
Irish Cream Coffee	£7.00
French Coffee Grand Marnier	£7.00
Italian Coffee	£7.00
Calypso Coffee	£7.00
Seville Coffee Cointreau	£7.00
Skye Coffee Drambuie	£7.00

Teas & infusion Cup £2.00 - Pot £2.50

Breakfast tea, green tea, earl grey, peppermint, camomile, mix berries, lemon & ginger, cinnamon black tea, decaf Tea

Frappes - £4.50

Add your favourite syrup: 80p Vanilla, Caramel, Cinnamon, Almond, Peanut Butter, Biscoff, Frozen Mint Add a shot of Baileys: £3.50 A

THANK YOU

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