MEAL PLAN MENU April 2026

	Meat 1	Meat 2	Fish	Vegetarian	Salad	Baguettes
Wed 1	Roasted Chicken With Chips & Vegetables	Pork With Pedro Ximenez & Chips	Seafood Paella	Lentil Soup & Crutons	Chicken Caesar salad	Mix Cream Cheese & Olives
Thu 2	Beef with Mushroom Sauce & Chips	Chicken Lasagne	FishBalls With Red Peppers Sauce & Rice	Vegetarian Pie & Carrots	Chicken & Spinach Salad With Yogurt Sauce	Torta Patata & Alioli
Fri 3	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
Mon 6	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
Tue 7	Breaded Chicken Milanesa & Fried Sweet Potato	Beef Asian Noodles & Vegetables	Cod With Green Garlic Sauce & Rice	Vegetables Soup & Crutons	Greek Salad	Mojon Picon Chicken Baguette
Wed 8	Chicken Quesadilla	Cicken Pesto Pasta	Prawn Pil Pil Pasta	Muhsroom Pil Pil Pasta	Grilled Chicken Salad	Lomo Adobado & Cheese Baguette
Thu 9	Chicken Fried Rice	Teriyaki Chicken, Broccoli & Rice	Clam Chowder with Rice	Vegetable Quiche	Tandoori Chicken Salad	African Chicken Baguette
Fri 10	Chicken & Bacon With Castellana Sauce	Beef Goulash & Mashed Potato	Salmon Quiche	Pumpkin & Coconut Curry	Falafel With Yogurt Sauce Salad	Torta Patata & Alioli
Mon 13	Meat Balls With Tomato Sauce & Rice	Roquefort Chicken With Chips	Fish Pie	Vegetarian Burrito & Wedges	Bacon,Lentil & Rice Salad	Serranito(Pork, Peppers & Serrano Ham)
Tue 14	Chicken Teriyaki With Rice & Broccoli	Pork With Peppecorn Sauce & Chips	Seafood Salpicon With Rice	Feta & Tomato Onion Quiche	Orange & Anchovy Salad	Grilled Chicken Baguette
Wed 15	Spicy Beef Empanada & Chips	Chicken & Mushroom Cream With Rice	Tuna Egg Noodles	Vegan White Bean Stew GF LF	Tuna Freska Salad	Tuna & Mayo Baguette
Thu 16	Roasted Chicken With Vegetables	Sticky BBQ Chicken With Wedges & Green Beans	White Fish With Green Beans & Rice	Vegetables Noodles	Chicken Pesto Pasta Salad	BBQ Chicken Baguette
Fri 17	Pasta Bolognese	Breaded Chicken Milanesa & Fried Swwet Potato	Grilled White Fish & Rice With Green Sauce	Vegetables & Egg Fried Rice	Chicken Cous Cous Salad	Ham & Cheese Omellette
Mon 20	Teriyaki Chicken & Rice	African Chicken & Cheese Jacket Potatoes	Cod Teriyaki & Rice	Vegetables Fried Rice	Vegetables Salad	Pulled Pork & Gravy Baguette
Tue 21	Chilli Con Carne	Beef Bolognese & Cheese Jacket Potato	Tuna Egg Noodles	Gratin Cauliflower & Broccoli Cream	Mexican Pasta Salad	Chicken & Mayo Baguette
Wed 22	Breaded Chicken & Potato	Beef Pasta Bolognese	Clam Chowder & Crutons	Vegetable Soup & Crutons	Feta & Tomato Salad	Bacon & Cheese Baguette
Thu 23	Carbonara Pasta	Morocco Chicken Cous Cous	Fish & Chips	Falafel Pesto Pasta	Feta & Sweet Potato Salad	Chicken Gaucha
Fri 24	BBQ Pork Ribs With Green Benas & Chips	African Chicken & Cheese Jacket Potato	Salmon & Roquefort Sauce With Green Peas	Spinach Pasta & Cream	Vegetarian Freska Salad	Sausage & Cheese Baguette
Mon 27	Chicken Curry & Basmati Rice	Beef Burrito & Potato Wedges	Seafood Pil Pil Pasta	Pasta With Tomato Sauce & Mushroom	Lettuce, Tomato Cucumber With Tuna & Oilve Oil	Lomo Adobado Baguette
Tue 28	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
Wed 29	Roasted Chicken With Chips & Vegetables	Sausage, Peas, Gravy & Mashed Potato	Seafood Paella	Courguette Torta Patata	Chicken Caesar salad	Mix Cream Cheese & Olives
Thu 30	Roast Chicken With Brocolli, Rice & Mexican Sauce	Chilli Con Carne & Rice	Gilled salmon, vegetable with lemon & herb sauce	Spinach & Pasta With Cream	Crab, SweetCorn, Lettuce & Cocktail Sauce Salad	Chicken Gaucha Baguette
Fri 1	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED